

Glenbrook South Titan Poms Dance Team Handbook

Coach – Ms. Julie Smith

GLENBROOK SOUTH TITAN POMS

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Glenbrook High Schools and State Rules Governing Extracurricular Activities

Glenbrook South High School authorizes student participation in extracurricular activities and set the minimum standards for eligibility and membership maintenance based on attendance and grades. These policies include minimum requirements.

CAMPUS AND DISTRICT RULES A Titan Pom shall provide a spirit-promoting service, be loyal, have high morals and standards, be a good example in and out of school, and develop self-discipline and confidence. They shall also have poise, good posture, and present a good appearance. Being a Titan Pom is an honor. In order to be as "good" as our tradition and history warrants, hard work and discipline are basic components of the program. A Titan Pom's commitment is to both academics and the Titan Pom Organization.

Purpose of Organization

- To promote appropriate and positive spirit.
- To develop good sportsmanship, self-confidence, and self-discipline.
- To promote leadership.
- To encourage high morals and standards among its members.
- To develop the ability to work as a part of a group in achieving common goals;
TEAMWORK.
- To represent the school and community in an exemplary manner, serving as a role model for appropriate behavior and citizenship.
- To develop and maintain a very high standard of precision dance.

Selection and Eligibility

Members are selected by an impartial panel of qualified judges and must audition each year. Any candidate wanting to gain membership to the organization must first meet the eligibility requirements and attend the series of rehearsals prior to the scheduled auditions. The candidates will be judged on their poise, technique, skills, dance ability, and showmanship.

AUDITION ELIGIBILITY

1. All returning members must audition including elected captains. Being a member of the team does not guarantee reinstatement for the following year.
2. Each candidate should be in good physical condition due to the vigorous nature of the physical activity required.
3. Prior to auditions, each candidate must have turned into the coach: application, teacher recommendations (if required), and any other required information.

MANDATORY REHEARSALS

All rehearsals are mandatory.

1. There will be daily after school rehearsals throughout the year
2. Summer school camp is required for Varsity members. Non participation in summer camp may lead to loss of spots in dances.
3. There will be several evening and Saturday rehearsals in preparation for competition season.
4. There will be designated "choreography weekends" in which students **MUST** attend or they are not eligible for the competition squad.
5. Members are expected to be on time for rehearsals and remain the full time.
6. Sitting out for illness or injury during rehearsal may result in being pulled from a performance. If a Titan Pom is truly injured or ill, it is in her best interest and the team's that they not rehearse or perform until they are well.

PERFORMANCES

Performances are a time when the community directly observes the Titan Poms Organization. Each girl is expected to be an exemplary representative of the group. All performances are mandatory unless otherwise specified.

1. Titan Poms must audition for each performance.
2. The coach decides who participates in each performance.
3. All Titan Poms will attend all performances unless otherwise specified by the coach.
4. A member must meet the "Attendance Policy" requirements in order to be eligible to perform
 - 1. Students must attend the two practices prior to the performance as well as the day of performance in order to be eligible to perform.**
 - 2. Students must be in attendance for the entirety of a week preceding a competition in order to be eligible to compete.**
 - 3. There are NO exceptions to this rule**
5. Any member who is late for a performance may not be eligible to perform.
6. Absence from school on game day may automatically exclude the member from the game performance.
7. Any member attending an event following a performance must change to appropriate clothing. No part of the uniform shall be worn anywhere except to activities in which the group is designated to perform. Inappropriate pictures taken in uniform will be grounds for code of conduct violation.

TRAVEL

1. Members must ride to all performances on buses supplied by the school district.
2. Out of town, or overnight trips will be addressed by the coach preceding the trip. Rules and regulations pertaining to those trips will be given out to each member preceding the trip. Noncompliance with those rules and regulations may result in loss of membership, and/or disciplinary action by the school.

CAPTAINS

All officers are responsible for complying with the following rules in conjunction with the general rules of the Titan Pom organization.

1. Must have been a member of the Titan Poms the full year prior to their year of office.
2. Must be a member in EXCELLENT standing with the school and the coach.
3. An officer may lose her office if they are involved in a Code of Conduct violation.

ATTENDANCE/PERFORMANCE POLICY

I. Introduction

Ideally, Titan Poms should be in all classes every day. Extenuating circumstances do occasionally exist that prevent this from happening.

II. Eligibility for attending after school rehearsals and performances

- A. A Titan Pom must be in school for at least half of the day on a given day in order to attend that day's after school rehearsal or performance. They may attend if they were absent due to a school sponsored function.

III. Titan Pom Costume Policy

- A. A Titan Pom is responsible for bringing necessary components of her costume to all performances and competitions. If a Titan Pom does not bring the required costume elements they will not dance.
- B. Costumes that belong to Glenbrook South should be treated with the utmost care and returned to the coach promptly and carefully.
- C. If a costume is returned damaged the student will be responsible for the cost of replacing or repairing the costume.

IV. Potential Titan Pom Activities

The Titan Poms are expected to attend various functions throughout the year. Anyone missing any activity without prior approval (one weeks notice, if not an emergency) may forfeit their participation in the next activity. For example, if you do not compete at the competition prior to Nationals you will not perform at Nationals.

- A. Competition - students must audition and be selected to perform in both dances being competed..
- B. Football Games
- C. Basketball Games
- D. Dance Show
- E. Open Gym
- F. Parades (Homecoming, Thanksgiving)
- G. Pep Rallies
- H. Other activities

PARTICIPATION

- B. Loss of membership can occur for violations of any rules or district policies, including those in this handbook. The coach and/or principal may determine appropriate disciplinary action for any conduct deemed inappropriate for a member of this organization while on campus or off campus throughout the calendar year.
- C. A Titan Pom will be held accountable for their behavior at all times. Their behavior outside of the program is as important as their behavior while they are participating. They are to be a responsible member through the summer months, the weekends, weekdays, and any vacation time. The coach does not and will not have to tolerate inappropriate behavior from any member

CHOREOGRAPHER

Titan Pom members will work with choreographers under the discretion of the coach. The coach and the choreographer work together to offer students the best preparation possible for competition and performance. Members will treat the choreographer with the utmost respect and will follow the directives of the choreographer.

EXPENSES

1. Each member must furnish her own day uniforms, rehearsal uniforms, shoes, accessories, garment bag, tote bag, and membership fees/dues.

Estimated Titan POM Fees for 2020 -2021

General Fee

\$500 - \$250 (for 2020-21 season) – Costume, Choreography and additional services/gear
Due in August

Nationals Fee:

*****\$1200 – VARSITY ONLY - on hold** - Nationals trip fee, includes flights, lodging, park tickets, clothing and luggage fees
Due in monthly installments

Other expenses not noted (these are estimates):

Poms (\$20) , Tights (\$12) , Shoes (\$20) , Turtleneck (\$20), Warmup (\$100), Rolling Bag (\$40)

Many of these items do not need to be replaced year to year.

We will work with anyone with a financial difficulty to establish a payment plan.

FUNDRAISING

All girls are expected to participate in fundraising.

The Titan Pom Booster Club funds are used for the following items: music, dance/ instructional/ performance videos, contest entry fees, custom choreography, motivational gifts and activities and any other miscellaneous supplies not covered by the budget.

BOOSTER CLUB

Parents of Titan Poms are encouraged to be active members of Titan Pom Booster Club. Meetings are held monthly.

The Titan Pom Booster Club provides funding for the Titan Pom Organization through fundraising activities. Each family will be asked to participate in fundraising activities and raise their share of the budget during the year.

SCHEDULE

The Titan Poms maintain a very busy schedule. The students are in session beginning after the tryouts in May and continue to practice throughout the summer and daily during the school year until the season ends in March. Titan Poms perform at all football and basketball games. They compete during the competition season of November – February. It is important to understand that the Titan Pom commitment is large and does not allow for participation in many activities.

This Handbook is meant to be a basic operating instrument and is not intended to cover every operating or disciplinary policy. It should be included in the yearly membership packet. If you have any questions in regards to the policies and procedures please contact Julie Smith @ 847-486-4661 or by email at jsmith@glenbrook225.org

All Titan Poms and parents must follow this handbook as well as the Glenbrook School Handbook.

Sincerely,

Julie Smith, Coach – Titan Poms